What's Your "Self-Paced" Learner Profile?

Directions: Select the option (Column A or Column B) that best describes you and your study habits. This will help you recognize your personal work habits and perhaps identify areas that you may need to focus on to be a successful self-paced learner. When done, you will be asked to record the results as noted at the bottom of this page.

Column A			Column B	
I regularly have 6 hours per week to spend on this course.	☐	OR	I sometimes have 6 hours per week to spend, but many times I do not.	☐
I am a good reader and I enjoy learning by reading.	☐	OR	I'm an OK reader, but I prefer to have an instructor present the materials.	☐
I enjoy working independently and seldom need reassurance that I am doing work correctly.	☐	OR	I can work independently in some situations, but I prefer having someone to check with regularly.	☐
I have specific days/times available to work on my self-paced course.	☐	OR	I plan to schedule my self-paced course work around my other activities.	☐
I can budget my time well and prioritize activities efficiently.	☐	OR	I work better when someone tells me what to do and gives me due dates.	☐
I am willing to take responsibility for getting whatever help I may need with this course by contacting the instructor in the lab.	☐	OR	I would not feel comfortable contacting the instructor for help.	☐
I am a patient person, a reasonable problem-solver, and do not become easily frustrated.	☐	OR	It is helpful to have classmates covering the same material at the same time because we can learn from each other.	☐
I realize that course requirements and completion dates are there for good reasons, and I feel I can structure my time effectively to meet them.	☐	OR	I know that course requirements and completion dates are there for good reasons, but I feel that exceptions should be made if I allow myself to get behind on my work.	☐
I enjoy progressing at my own pace.	☐	OR	I prefer instructor explanations and demonstrations to preview and/or clarify textbook activities.	☐

If you selected

- 8 items or more from Column A, you are well prepared for self-paced learning.

- 6-7 items from Column A, you may wish to determine what habits you may need to change to assist you in successfully completing a self-paced class.

- 5 or fewer items from Column A, you may wish to consider enrolling in a traditional structured course if available, or setting up a weekly schedule for working in the Self-Paced lab. An instructor in the Self-Paced Lab (Room BI 209) can help you determine the availability of structured course offerings or provide you with weekly schedule forms.